

THE NATIONAL BASKETBALL SPORTS SCIENCE AND MEDICINE CONFERENCE

# ANKLE INJURIES IN SPORT

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SATURDAY 7TH SEPTEMBER 2019

NATIONAL BASKETBALL PERFORMANCE CENTRE | BELLE VUE SPORTS VILLAGE

**08:30** REGISTRATION

**09:15** SESSIONS BEGIN

**12:30** LUNCH

**13:15** SESSIONS CONTINUE

**17:30** FORMAL SESSIONS CLOSE

**19:00** AWARDS DINNER AT ETIHAD STADIUM  
(OPTIONAL – SUPPLEMENT £45)

**£60 PER ATTENDEE**

**CLICK HERE**

**TO BOOK YOUR PLACE**

IN ASSOCIATION WITH

 Spire Manchester Hospital



OrthTeamCentre  
Orthopaedics · Spine · Neuro · Sports Med



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## SCHEDULE

- 08:30** REGISTRATION
- 09:15** WELCOME FROM BASKETBALL ENGLAND & BRITISH BASKETBALL FEDERATION
- 09:45** WELCOME TO SSM
- 10:00** ANKLE INJURIES - EPIDEMIOLOGY - DR LINDA EVANS
- 10:20** RADIOLOGICAL IMAGING ANKLE INJURY - PROFESSOR WAQAR BHATTI
- 11:00** STRENGTH & CONDITIONING - YOUTH DEVELOPMENT & THE PREVENTION OF ANKLE INJURIES
- 12:00** EMERGENCY PLANNING - DR DANE VISHNUBALA & DR CRAIG ZALECKI
- 12:30** LUNCH
- 13:15** COACH PERSPECTIVE OF SSM WITHIN TEAM - ALAN KEANE
- 13:45** SURGICAL INTERVENTION FOR ANKLES - TIM CLOUGH
- 14:30** OVER USE INJURIES AROUND ANKLES - DR LEON CREANEY
- 15:15** BREAK
- 15:30** STRENGTH & CONDITIONING - YOUTH DEVELOPMENT & THE PREVENTION OF ANKLE INJURIES
- 16:30** EARLY STAGE REHAB FOR ANKLE INJURES - PAUL FISHER
- 17:30** FORMAL SESSIONS CLOSE

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## KEY NOTE SPEAKERS:

**PROFESSOR WAQAR BHATTI** - Spire Manchester Hospital and OrthTeam Centre Consultant MSK Radiologist - an alumni of Manchester Grammar and the University of Manchester, Prof Bhatti is Radiologist to Manchester's football teams and rugby clubs, having previously helped with radiology for the Olympics and was Principal Radiologist for the Commonwealth Games.

**TIM CLOUGH** - Spire Manchester Hospital and OrthTeam Centre Foot and Ankle Surgeon - One of the North-West's leading foot and ankle specialists working with professional football and rugby teams and other organisations in the region.

**DR LEON CREANEY** - Spire Manchester Hospital, Sports Medicine Consultant - Previous places of work include the Olympic Medical Centre, DMRC Headley Court and now is currently the Team Doctor for British Athletics Seniors, Para-athletes and U20s.

**PAUL FISHER** - Tottenham Hotspurs FC Lead Academy Physiotherapist, ex-British Basketball Head of Sports Science and Medicine.

## ADDITIONAL SPEAKERS:

**DR LINDA EVANS** - GB Doctor

**MARK WILLIAMS** - Head of S&C British Basketball

**MICHAEL CAROLAN** - Basketball England S&C Coach

**ARRON PARMER** - Basketball England S&C Coach

**DR DANE VISHNUBALA** - Basketball England CMO

**DR CRAIG ZALECKI** - GB Women's Team Doctor

**ALAN KEANE** - GB Under 18 Men's Head Coach

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