

BASKETBALL ENGLAND JOB PROFILE



JOB TITLE	DiSE STRENGTH & CONDITIONING MENTEE
LOCATION	Predominantly based at City of London Academy (CoLA) Southwark SE5 1LA, but can also include mobile working (training camps/competitions, domestic & overseas)
WORKING PATTERN	<p>Such hours as are necessary to fulfil the requirements of your position to the satisfaction of CoLA and Basketball England, and may include work in evenings, on weekends and public holidays as required.</p> <p>Basketball England</p> <p>There will be monthly online one-to-one meetings with the Basketball England Strength and Lead and monthly online professional development workshops organised by the Sports Science and Medicine staff at Basketball England.</p> <p>Additionally, there will be a requirement to attend and support testing and screening days for hosted by Basketball England for players on the Talent Pathway. This will include Aspire Super Region, England Junior National Teams, and the DiSE Programme.</p>
REPORTS TO	Lead Basketball Strength & Conditioning Coach at CoLA Lead Strength & Conditioning Coach at Basketball England
CONTRACT	12 Month Placement
REMUNERATION	<p>The mentorship programme is largely a voluntary position designed with the purpose of developing aspiring strength and conditioning coaches with a strong interest in basketball. However, as set out below, there will be some potential for remuneration.</p> <p>Basketball England Travel expenses and food will be provided for Basketball England Talent-based activities. Apparel for these activities will also be provided. In some instances, based upon prior experience and level of qualification, there may be the opportunity for paid work.</p> <p>CoLA This position is voluntary and will have no remuneration included.</p>
PURPOSE OF ROLE	To develop skills, knowledge and understanding of the roles and responsibilities of the strength & conditioning coach across the Basketball England Talent Pathway, including EDP / DiSE, England Talent Programme and the Aspire Skills and Super Region programmes.

KEY ACCOUNTABILITIES	<p>Your duties and responsibilities will include but not be limited to the following:</p> <ul style="list-style-type: none"> • To support the delivery of strength and conditioning services to DiSE players within the academy environment. • To attend Basketball England virtual and in-person professional development workshops / conferences. • To complete learning-based tasks directed by the strength and conditioning mentors. • To meet periodically with mentors to inform the mentee individualised development plan. • To abide by Basketball England's rules and policies (Code of Ethics & Conduct, Safeguarding Policy, Data Protection Policy, Equal Opportunities & Equity Policy; Health & Safety Policy, and Anti-Doping Rules). • To ensure a safe training and playing environment is created and always maintained.
OPERATIONAL ACCOUNTABILITIES	<ul style="list-style-type: none"> • To liaise fully with the CoLA Sport Science and Medicine Team and all team staff • To liaise fully with Basketball England's Sport Science and Medicine Team and all team staff • To report all incidents promptly through the Talent Reporting procedures. • To actively promote and embed Equality, Diversity and Inclusion (EDI) within the programme. • To be open to listening to feedback about own performance from athletes, parents and peers in order to help create a safer culture in basketball.
RELATIONSHIP MANAGEMENT	<p>The following apply to the respective positions/titles held within both the CoLA and Basketball England Talent settings.</p> <p>Lead Strength & Conditioning Coach: To liaise regularly with the Lead Strength & Conditioning Coach to ensure that the correct screening is taking place and all service delivery is to standard</p> <p>Head of Physiotherapy and Sports Science: To liaise regularly with the Head of Physiotherapy and Sports Science to ensure regular checks are made on the player's health & wellbeing</p>

ROLE REQUIREMENTS

EXPERIENCE, KNOWLEDGE & SKILLS	<ul style="list-style-type: none"> • This mentorship programme is open to applicants with a genuine interest in pursuing a career in strength and conditioning. • Applicants should be studying or have studied at undergraduate in a strength and conditioning / sports science related undergraduate level programme and/or be able to demonstrate experience within a related field. • Applicants will also: <ul style="list-style-type: none"> - Be enthusiastic and have a willingness to learn. - Show integrity and is fair, equitable and ethical in approach.
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	<ul style="list-style-type: none"> - Understand their responsibilities in relation to protecting confidential information, in line with GDPR. - Recognises the importance of equality, diversity, and inclusion. - A good understanding of safeguarding and the additional vulnerabilities of elite athletes.
OTHER	<ul style="list-style-type: none"> • A flexible attitude to working, willing to work evenings, weekends, school holidays and public holidays. This will include irregular hours and extensive travel both within the UK and overseas. • Complete mandatory training modules provided by both CoLA and Basketball England, including safeguarding and completion of an Enhanced DBS check. Through our network, mentees will have the opportunity to cross reference their evidence of learning within the mentorship and map to the UKSCA Level 3 Trainer's Award.
HOW TO APPLY	<p>Please send a covering letter outlining your suitability for the mentorship and curriculum vitae to:</p> <p>Mark.Williams@basketballengland.co.uk and bnguru@cityacademy.co.uk</p> <p>Successful applicants will be invited to interview online. The panel will be formed of Basketball England and CoLA representatives.</p>